

pound ridge organics  
22 westchester ave  
pound ridge ny

spring c.s.a. week #3

april 4 through 6

EGGS • VEGGIES • QUICHE • CHARCUTERIE • PIES • COOKIES

TO LEARN ABOUT OUR YEAR 'ROUND C.S.A. PROGRAM GO TO:  
WWW.POUNDRIDGEORGANICS.COM  
SPRING SESSION BEGINS THIS WEEK

IN THE POUND RIDGE ORGANICS FARM MARKET THIS WEEKEND

**WHAT'S IN THIS WEEK'S C.S.A. BASKET?**

CSA WEEK # 3	sweet potatoes
	purple top turnips
	sunchokes aka 'jerusalem artichokes'
	yellow ginger
	turmeric
	pea shoots
	mizuna bunch
	a duck egg
	large baskets will get more of everything above plus beet bunch, apples, farmer's choice root veggies

**PREPARED FROM SCRATCH - READY TO EAT NEW!!!**

sauce: bolognese <i>contains meat</i>
sauce: caccio e pepe <i>contains dairy</i>
sauce: marinara
sauce: vodka <i>contains dairy</i>
sauce/dip: pesto <i>coming next week</i>
sauce/dip: puttanesca
sauce/dip: red pepper
soup: chicken
soup: lentil
soup: tomato

**DAIRY**

milk: creamline
heavy cream
buttermilk
kefir
drinkable yogurt
yogurt, cow: local
yogurt, cow: french & greek in collectable cups
yogurt sheep milk
sour cream
butter, unsalted logs for baking <i>local</i>
butter, cultured salted tubs <i>local</i>
butter, cultured logs and wheels salted & unsalted plus maple butter in jars <i>handmade by the amish</i>
ice cream: <i>local</i>
ice cream: <i>alcohol infused</i>
ice cream: cashew-based <i>vegan</i>
cheeses: cow's milk

**CHOCOLATE • CACAO PRODUCTS**

organic raw cacao powder
organic raw cacao nibs
organic cacao chips
organic cacao dessert topping
organic cacao butter <i>new!!</i>
chocolate spread with hazelnuts <i>from italy</i>
chocolate spread with candied orange <i>from italy</i>
chocolate dipped candied lemon peel <i>from italy</i>
chocolate dipped candied orange peel <i>from italy</i>
chocolate bars: assorted dairy & vegan
chocolate covered or dusted dried black currants

**BAKERY: SWEET**

cookies: peanut butter • chocolate chip • oatmeal raisin • rugulach • biscotti • linzer tarts
butter-citrus cookies <i>from sicily</i>
peppermint bark
pie: double crust apple or peach (6" & 9")

**EGGS: LOCAL ORGANIC & PASTURED RAISED**

chicken <i>we have plenty!</i>
duck
goose

**BAKERY: SAVORY**

quiche
everyday spelt matzah crackers <i>from vermont</i>
123 dough bread crumbs
organic sourdough pasta • ramen & somen noodles

**FERMENTS**

sauerkraut: classic
sauerkraut: garlic dill
sauerkraut: jalepeño
carrot & ginger
beet & ginger
kimchi

**NUT PRODUCTS**

maple roasted mixed nut snacks
almond nut butter
peanut butter all natural
peanut butter certified organic

**FISHY STUFF: SHELF STABLE**

anchovy paste <i>from italy</i>
anchovy extract 'colatura' <i>from italy</i>
sockeye salmon canned <i>from bristol bay alaska</i>

**SNACKS**

chocolate bars: mini, small & large <i>dairy</i>
chocolate bars: small or large <i>vegan</i>
butter-citrus cookies <i>from sicily</i>
maple roasted mixed nut snacks
maple salami stix

**FISH SMOKED**

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salmon: smoked double cured • vodka dill • everything bagel
tuna: cold smoked yellow-fin (4 oz)
trout: smoked (8 oz)

### FISH - SUSTAINABLY SOURCED

cod: <i>northwest pacific &amp; black cod</i>
halibut <i>alaskan</i>
redfish: <i>gulf of maine</i>
salmon: sockeye - sushi grade - whole filets, portions or canned <i>from lake iliamna, alaska</i>
shrimp: wild <i>gulf</i> (medium & jumbo ez peel)
sea scallops: <i>atlantic</i>
sole: petrale <i>northwest</i>
trout: rainbow whole <i>hudson valley</i>

### HERBS

bay leaves: <i>fresh</i>
cilantro: <i>confetti</i>
oregano: <i>fresh or dried 'gangi dante' from italy</i>
parsley: <i>curly &amp; flat leaf</i>
rosemary
sage
thyme

### PRODUCE

arugula
beets
bok choy
cabbage
carrots
collard greens
fennel
kale: <i>several varieties</i>
lettuce: <i>heads and mix</i>
mache, aka lamb's lettuce
microgreens <i>assorted varieties</i>
mizuna bunch
mushrooms <i>assorted varieties</i>
mustard greens
onions
pea shoots
potatoes <i>assorted new</i>
radishes: <i>large bulbs &amp; small bunches</i>
spinach <i>large leaf - gorgeous!</i>
squash: <i>butternut &amp; blue hubbard</i>
sunchokes <i>aka 'jerusalem artichokes'</i>
sweet potatoes
swiss chard
turnips

### FRUIT: FRESH LOCAL

apples: <i>assorted varieties</i>
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### FRUIT: FROZEN

blueberries
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### FROZEN JUST HEAT & EAT

aunt trudy's: organic spinach feta spanakopita
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### VEGAN

mac & 'cheese'
organic raw cacao powder
organic raw cacao nibs
organic chocolate chips
organic chocolate dessert topping
organic chocolate bars: mini - assorted flavors
cashewtopia gelato cups & pints (assorted flavors)

### GLUTEN-FREE & ALLERGY-FREE MIXES

rustichella gluten-free single-ingredient pastas: corn (macaroni, fusilli & rigatoni) • buckwheat tortiglioni • green pea fusilli • red lentil sedanini
sunflower flour: brownies • brunettes • muffin mix • oatmeal cookies • pancake mix

### LEGUMES • RICE • ARBORIO

arborio (to make risotto) <i>from italy</i>
chickpeas (garbanzo) <i>from italy</i>
lentils <i>from umbria</i>
cannellini beans <i>from italy</i>
beans (local): black turtle • cannellini • cranberry • pinto • red kidney • white navy

### MATZOH • CRACKERS

spelt matzoh crackers <i>from vermont</i>
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### FLOUR • MEAL • GRAIN

all purpose
bread flour
cornmeal: stone ground & otto file
durum
oat flour
pasta blend
semolinia rimacinata flour (1 lb) <i>from italy</i>
spelt flour dark
spelt whole berries
sprouted wheat
sunflower flour <-- <i>gluten free</i>
wheat berries: hard red winter

### PASTA

sourdough handmade ramen, somen & pasta noodles
handmade assorted pasta <i>local frozen</i>
rustichella gluten-free single-ingredient pastas: corn (macaroni, fusilli & rigatoni) • buckwheat tortiglioni • green pea fusilli • red lentil sedanini <i>italy</i>
rustichella' egg pasta: fusilli • lasagna • lemon fettuccine • saffron fettuccine • pappardelle nests • tagliatelle capricciose <i>italy</i>
rustichella: alfabo • bucatini • busiate • fregola sarda • fusilli col buco • saragolla rigatoncini • stelline • timilia busiate <i>italy</i>
100% single ingredient pastas: corn • green pea •

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cherries
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**FRUIT: JUICE & BEVERAGES**

apple cider
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blood orange juice
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**FRUIT: PRESERVED LOCAL**

dehydrated currants
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blueberry powder
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red currant jelly
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black currant preserves
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strawberry preserves
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strawberry-rhubarb preserves
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**FRUIT: FROM ITALY**

marmalades <i>several varieties from italy</i>
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cherry conserves
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sour cherries in syrup
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orange slices in syrup <i>good food award winner</i>
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quince syrup: no sugar added
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**FRUIT PRESERVES: SWEET & SPICY**

hot jellies: assorted flavors
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spicy pumpkin butter
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spicy cranberry sauce
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**CONDIMENTS**

ketchup <i>assorted flavors</i>
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mayo <i>assorted flavors</i>
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organic tamari sauce
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chili crisp <i>will restock soon</i>
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hot sauce
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**SALTS**

celtic field salts with local organic herbs & spices
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hot pepper salt
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maldon salts: natural • himalayan • citron • garlic
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**SPICES**

ceylon cinnamon <i>hawai'ian</i>
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turmeric powder <i>hawai'ian</i>
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ginger powder <i>hawai'ian</i>
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whole allspice <i>hawai'ian</i>
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espelette powder <i>from italy</i>
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smoked hot paprika <i>from italy</i>
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chili flakes <i>hudson valley</i>
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chili crisp <i>will restock soon</i>
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**SPICE BLENDS & SEASONINGS**

greek seasoning blend
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greek seasoning set with 4 different herb & spice blends in a special gift package
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smoked spice blend assortment <i>8 glass viles</i>
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chili assortments <i>8 glass viles</i>
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curry blend assortments <i>8 glass viles</i>
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botanical blends to make infused drinks <i>8 glass viles</i>
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island curry blend <i>from kauai</i>
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**OILS • OLIVES • TAPENADE**

oil, sunflower
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lentil & buckwheat <i>gluten free</i>
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organic fun-shaped: pastas • mac & cheese
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mac & cheese: vegan
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**LAMB**

ground • ground italian hot
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chops: rib • loin • sirloin
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rack of lamb, frenched
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roast: boneless butterflied mini leg roast
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roast: shoulder roast
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sausage: <i>assorted flavors</i>
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kabob
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stew cubes
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**CHICKEN**

heritage standardbred: <i>whole bird • whole legs, soup parts • organs</i>
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bone broth <i>frozen</i>
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organic air-chilled fresh: <i>skinless boneless breast • bone-in thighs • tenders • drumstix</i> • frozen: <i>wings</i>
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legs <i>thigh with drum</i>
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sausage: andouille • chorizo • mild italian • hot italian
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oil, sunflower truffle
olive oil: 'frescobaldi laudemio' <i>italian</i>
olive oil: 'olio beato' <i>italian</i>
olive oil: 'manalokakis' <i>greek</i>
olives whole kalamata: 'manalokakis' <i>greek</i>
olive tapenade paste: 'manalokakis' <i>greek</i>

#### VINEGARS

balsamic pearls <i>from italy</i>
balsamic vinegar <i>from modena italy</i>
vinegar: apple cider maple ' <i>crown</i> '
vinegar: blueberry

#### DRESSINGS

herb salad dressing <i>hudson valley produced - new!!</i>
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#### SAUCES • PESTOS • DRESSINGS

ready made sauce in eazy to use pouch
organic tomato basil sauce (in jar) <i>from italy</i>
heirloom tomato puree (in jar) <i>hudson valley</i>
tomato basil sauce <i>frozen</i>
tomato sauce spicy <i>frozen</i>
broccoli rabe hazelnut pesto <i>frozen</i>
cacio e pepe <i>frozen</i>

#### BREAKFAST

granola: maple walnut & honey almond
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#### RAW HONEY • BEE POLLEN • HONEY COMB

honey: calamansi • ginger • lehua lavender • lemon • lilikoi • macadamia <i>from hawai'i</i>
honey: lavender <i>from france</i>
honey: thyme <i>from greece</i>
honey: chestnut • corianer • millefiori <i>from italy</i>
honey: blueberry blossom <i>from maine</i>
honey: buckwheat • clover • wildflower <i>northeast us</i>
honey: pound ridge organics exclusive
honey stix - individual snack size
bee pollen

#### MAPLE • MAPLE PRODUCTS

maple syrup with vanilla butter balls <i>amish country</i>
maple syrup <i>from maine</i>
maple syrup: amber • dark • very dark • applewood smoked • bourbon barrel • cinnamon • madagascar vanilla • irish whisky <i>nys</i>
maple syrup gift set trios <i>nys</i>
maple sugar & maple pearls <i>nys</i>
maple sriracha cashews <i>nys</i>
maple meat stick snacks <i>nys</i>

#### KOMBUCHA

apple chai • earl grey • hibiscus-elderberry • peach • jasmine • lemon-lavendar • strawberry yerbamate
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#### COFFEE + TEA

sunflour bakery & roasters: full line of beans from around the world (decaf, light, medium & dark)
handmade organic herbal tea <i>new!!</i>

sliced proscutto speciale <i>new!!</i>
sliced lomo <i>new!!</i>
sliced lonzino <i>new!!</i>
pancetta

#### PORK

tenderloins
bacon signature heritage sliced <i>new!!</i>
bacon ends
bacon: wild boar
chops: thick cut
leaf lard for baking
sausage links: <i>many assorted flavors</i>
sausage: cotechino <i>limited edition</i>
sausage for stuffing: <i>seasonal limited edition</i>

#### GAME MEATS

buffalo: ground
bison & beef hot-dogs
elk: ground & assorted cuts
venison: ground & assorted cuts
wild boar: bacon

#### GIFT SETS

rusticella gift set includes: spaghetti • pomodoro sauce & wooden pasta fork
greek seasoning set with 4 different herb & spice blends in a special gift package
smoked spice blend assortment <i>8 glass viles</i>
chili assortments <i>8 glass viles</i>
curry blend assortments <i>8 glass viles</i>
botanical blends to make infused drinks <i>8 glass viles</i>
skin care gift box with a variety of salt point products

#### SALT POINT SKIN CARE

bath soaks
body butter: vegan or tallow
scrubs
linen and room spray
apothecary rollers
skin care gift sets
handmade herbal soap bars
handmade goat milk soap bars
handmade kitchen soap bars

#### HAND-MADE BEE'S WAX CANDLES

hand dipped tapers 6" & 10" pair
rolled pillars 4" & 8"
solid bee's wax cylindars (medium & large)
egg shaped
votives

#### SOLEMATE SOCKS

charmingly mismatched socks for babies • children & adults - made from recycled cotton in beautiful color combinations
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#### HOUSEHOLD

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**DOGGIE TREATS**

organic handmade: cranberry • blueberry • pumpkin • peanut butter
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**APOTHECARY**

elderberry syrup
elderberry gummies
ginger elixers <i>assorted flavors</i>

lambswool dusting wands
lambswool felted coasters
lambswool felted trivets
handmade aprons
market bags: hand-knitted cotton
market bags: reclaimed fabrics and feed bags

**TRU EARTH PRODUCTS**

laundry strips: baby, unscented, linen
organic cotton produce bags
bamboo make-up pads with storage bag